

WCRC Lap Pool

UPDATED February 7th, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Lap swim 6:00 A-3:30 P</div> <div>Deep Water Aerobics 10:00 A-11:00 A</div>	<div>Lap Pool 6:00 A-3:30 P</div>	<div>Lap Pool 6:00 A-3:30 P</div> <div>Deep Water Aerobics 10:00 A-11:00 A</div>	<div>Lap Swim 6:00 A-3:30 P</div> <div>Aqua Bootcamp 8 A - 8:45 A</div> <div>Deep Water Aerobics 10:00 A-11:00 A</div>	<div>Lap Pool 6:00 A-3:30 P</div> <div>Deep Water Aerobics 10:00 A-11:00 A</div>	<div>Watauga Swim Team 9:00 A-11:00 A</div> <div>Lap Swim 12:00 P-1:00 P</div> <div>4 Lap swim lanes w/ climbing wall open 1:00 P-6:30 P</div>
<div>Watauga Swim Team 3:30 P-6:00 P</div> <div>Masters Swim Team 5:30 P-7:15 P</div> <div>Lap Swim (3 lanes) 6:00 P-7:30P</div>	<div>Watauga Swim Team 3:30 P-6:00 P 2 lanes 6:00 P-6:30 P</div> <div>Lap Swim 6:00 P-7:30 P</div>	<div>Watauga Swim Team 3:30 P-6:00 P 2 lanes 6:00 P-7:00 P</div> <div>Lap Swim 6:00 P-7:30 P</div>	<div>Watauga Swim Team 3:30 P-6:00 P 2 lanes 6:00 P-6:30 P</div> <div>Lap Swim 6:00 P-7:30 P</div>	<div>Watauga Swim Team 3:30 P-6:00 P 2 lanes 6:00 P-7:00 P</div> <div>Lap Swim 6:00 P-7:30 P</div>	<div>Sunday</div> <div>4 Lap lanes w/ climbing wall open 12:30 P-4:30P</div>

Lap Swim

Deep Water
Aerobics

Watauga Swim
Team

Masters Swim
Team

Aqua Boot
Camp



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Aerobics 9 AM - 10 AM	Water Aerobics 9 AM - 10 AM	Water Aerobics 9A - 10 AM	Water Aerobics 9A - 10 AM	Water Aerobics 9A - 10 AM	Water Aerobics 9A - 10 AM
Adult Swim 10 A - 11 A	Special Programming 10 A - 11 A	Adult Swim 10 A - 11 A	Special Programming 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A
Home School PE 11 A - 12 P	Adult Swim 11 A - 12 P	Home School PE 11 A - 12 P	Adult Swim 11 A - 12 P	Public Swim 11 A - 7:30 P	Swim Lessons 11 A - 12 P
Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P		Public Swim 12 P - 6:30 P
Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P		Sunday
Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P	Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P		Public Swim 12:30 P - 4:30 P
	Public Swim 6:30 P - 7:30		Public Swim 6:30 P - 7:30 P		

- Water Aerobics
- Special Programming
- Adult Swim
- Public Swim
- Home School PE
- Swim Lessons