

# WCRC Lap Pool (Fall)

August 18 - October 26, 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Lap Swim 6:00 A - 3:30 P</div> <div>Deep Water Aerobics 10:00 A - 11:00 A</div>	<div>Lap Swim 6:00 A - 3:30 P</div>	<div>Lap Swim 6:00 A - 3:30 P</div> <div>Deep Water Aerobics 10:00 A - 11:00 A</div>	<div>Lap Swim 6:00 A - 3:30 P</div> <div>Deep Water Aerobics 10:00 A - 11:00 A</div>	<div>Lap Swim 6:00 A - 3:30 P</div> <div>Deep Water Aerobics 10:00 A - 11:00 A</div>	<div>Watauga Swim Team 9:00 A - 11:00 A</div> <div>Lap Swim 11:00 A - 12:00 P</div> <div>4 Lap swim lanes w/ climbing wall open 12:00 P - 6:30 P</div>
<div>Watauga Swim Team 3:30 P - 6:30 P</div>	<div>Watauga Swim Team 3:30 P - 6:30 P</div>	<div>Watauga Swim Team 3:30 P - 6:30 P</div>	<div>Watauga Swim Team 3:30 P - 6:30 P</div>	<div>Watauga Swim Team 3:30 P - 6:30 P</div>	<div>Sunday</div> <div>4 Lap lanes w/ climbing wall open 12:30 P - 4:30 P</div>
<div>Lap Swim 6:30 P - 7:30 P</div> <div>Masters Swim Team 6:00 P - 7:15 P (3 lanes)</div>	<div>Lap Swim 6:30 P - 7:30 P</div> <div>Special Programming 6:30 P - 7:30 P (3 lanes)</div>	<div>Lap Swim 6:30 P - 7:30 P</div> <div>Special Programming 6:30 P - 7:30 P (3 lanes)</div>	<div>Lap Swim 6:30 P - 7:30 P</div> <div>Masters Swim Team 6:00 P - 7:15 P (3 lanes)</div>	<div>Lap Swim 6:30 P - 7:30 P</div>	

-  Lap/Open Swim
-  Deep Water Aerobics
-  Watauga Swim Team
-  Masters Swim Team
-  Special Programming

When Watauga County Schools are out,  
the rock wall may open at 12 PM.

# WCRC Rec Pool (Fall, Winter, Spring)

As of August 18, 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Aerobics 9 AM -10 AM	Water Aerobics 9 AM -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM
Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A
Homeschool Open Swim 11 A-12 P	Special Programming 11 A - 12 P	Special Programing 11 A- 12 P	Special Programing 11 A- 12 P	Public Swim 11 A - 7:30 P	Swim Lessons 11 A - 12 P
Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P		Public Swim 12 P - 6:30 P
Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P		Sunday
Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P	Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P		Public Swim 12:30 P - 4:30 P
	Public Swim 6:30 P - 7:30		Public Swim 6:30 P - 7:30 P		

Water Aerobics

Special Programming

Adult Swim

Public Swim

Home School Open Swim

Swim Lessons

Rec pool is closed to the public  
Monday through Thursday 12 P- 2 P.