

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Computer Help 9-11am Bead /Jewelry 10am-1 pm Woodcarving 8:30am-12pm Rug Hooking 12-2pm Handspinners 6-8pm</p>	<p>2 Walking 8-11am Knitting 9am-12pm Card Games 8:30am AA Meeting 7:30pm</p>	<p>3 Walking 8-11am Art 9:30am-12:30pm Lap Quilting 9am-12:30pm Yoga (\$) 11am-12noon Card Games 8:30am Community Meal 4-6pm</p>	<p>4 Walking 8-11am Music/Singing 9-11am Card games 8:30am Weaving Guild 9am-1pm</p>
<p>7 Walking 8-11am Sewing 9am-1pm Card Games 8:30am Line Dancing 9am-10am</p>	<p>8 Walking 8-11am Bead /Jewelry 10am-1 pm Woodcarving 8:30am-12pm Card Games 8:30am Rug Hooking 12-2pm</p>	<p>9 Walking 8-11am Knitting 9am-12pm Pottery 9am-1pm Card Games 8:30am AA Meeting 7:30pm</p>	<p>10 Walking 8am-1pm Art 9:30am-12:30pm Lap Quilting 9am-12:30pm Yoga (\$) 11am-12noon Community Meal 4-6pm</p>	<p>11 Closed</p> 
<p>14 Walking 8-11am Sewing 9am-1pm Card Games 8:30am Line Dancing 9am-10am</p>	<p>15 Walking 8-11am Bead /Jewelry 10am-1 pm Woodcarving 8:30am-12pm Card Games 8:30am Rug Hooking 12-2pm</p>	<p>16 Walking 8-11am Knitting 9am-12pm Pottery 9am-1pm Card Games 8:30am Book Club 2:30-4pm AA Meeting 7:30pm</p>	<p>17 Walking 8am-1pm Art 9:30am-12:30pm Lap Quilting 9am-12:30pm Yoga (\$) 11am-12noon Community Meal 4-6pm</p>	<p>18 Walking 8-11am Music/Singing 9-11am Card games 8:30am Weaving Guild 9am-1pm</p>
<p>21 Walking 8-11am Card Games 8:30am Sewing 9am-1pm Line Dancing 9am-10am</p>	<p>22 Walking 8-11am Bead /Jewelry 10am-1pm Woodcarving 8:30-12pm Card Games 8:30am Rug Hooking 12-2pm Yoga (\$) 6-7pm</p>	<p>23 Thanksgiving Party 10am Walking 8-11am Knitting 9am-12pm Pottery 9am-1pm AA Meeting 7:30pm</p>	<p>24 Closed for Thanksgiving</p>	<p>25 Closed for Thanksgiving</p>
<p>28 Sewing 9am-1pm Card Games 8:30am Bingo w Bob 10am Line Dancing 9am-10am</p>	<p>29 Walking 8-11am Bead /Jewelry 10am-1pm Woodcarving 8:30-12pm Card Games 8:30am Rug Hooking 12-2pm Yoga (\$) 6-7pm</p>	<p>30 Walking 8-11am Knitting 9am-12pm Pottery 9am-1pm Card Games 8:30am AA Meeting 7:30pm</p>		

November 2016

Western Watauga Community Center

*Thanksgiving Party on Wednesday, November 23rd!
Games and goodies!*

Medicare Open Enrollment

The enrollment period for 2016 Part D Plans will begin on
Oct. 15, 2016 and end on Dec.7, 2016.

Please call the Harrill Center 265-8090 for an appointment if you would like to review your drug plan or Medicare Advantage Plan.

Trips to Southern Christmas Show in Charlotte this month and also Barter Theatre in December! See Cindy to sign up!

Bingo on Fridays-bring two items for prizes to play.

Blood Pressure and Hearing Aid Checks -Thursday, Nov. 3 at 10am.

Christmas Craft Sale at Lois E. Harrill Center Nov. 15th-16th 10am-3pm. Sign up to sell your items!

Crafts for Sale in our front area-pottery, knitted/sewn items, and jewelry, all made by our talented participants! Great for gifts!

Bingo w/ Bob/Medi-Home Hospice on Monday, Nov. 28th at 10am. (Bob is available for private/group sessions on coping with grief and loss.)

Western Watauga Food Outreach Schedule

Every Thursday 4pm-6pm with free food distribution and a drop in community meal. All ages are welcome to drop in on a first-come first-served basis. Call Hunger & Health **828-262-1628** for info.

AA group meets Wednesday nights at 7:30pm.

Center Hours of Operation: Monday-Friday-8am-4pm

Most classes are offered free to seniors age 60+

Private and civic groups may use or rent the building after hours and on weekends. Must be reserved in advance. Fees may be required.

Weekly Activities

Coffee Time and Talk-Monday- Friday 8am-11:30am. Bring snacks and a story to share.

Congregate Nutrition (lunch)-Served Monday-Friday, 11:30am-12:00pm- must be a registered participant or paying guest. Meal price -\$7.08. See a staff member for details.

Card Groups- Rook, etc: Mon- Fri 8:30am.

(Call before hand to assure there are enough players.)

Walking in the old CC Gym or the park -Mon-Fri 8am-1pm

Watauga Woodcarving -Tuesdays 8:30am-11:30am

Decorative Beading /Jewelry making -Tuesdays 10am-1pm

Weaving -meets Friday 10am -1pm: lessons by appointment, call before coming.

Hand Spinning -First Tuesday of month, 6-8pm

Fiber Guild -Third Saturday of the month, 10am-12 noon

Sewing -Mondays 9am-1pm- make clothes & household items

Knitting -Wednesdays 9am-12pm

Pottery -Wednesdays 9am-1pm

Art -Thursdays 9:30am-12:30pm

Lap Quilting -Thursdays 9am-12:30pm

Rug Hooking - Tuesdays 12-2pm

Computer Assistance - First Tuesday of the month, 9-11am

Line Dancing -Mondays 9-10am

Drop-In Activities for age 60+only-sign up required

Horse shoes-Cards-Cornhole-Board Games-Puzzles-Exercise

Equipment-Library-Movies-Books-Kindles for check out

1081 Old US Hwy 421

Sugar Grove, NC 28679

Phone:/Fax (828)297-5195

Director: Cindy Lamb

Email: cindy.lamb@watgov.org

**Western Watauga
Community Center**

**For additional information,
questions about activities, or
to register for transportation
please contact the
Center Director.**