

November 2025

Western Watauga Senior Center

Mon	Tue	Wed	Thu	Fri
3 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a	4 Woodcarving 9a Weaving 10:30a Walking 2-4p	5 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	6 Lap Quilting 9a Walking 2-4p Community Meal 4p	7 Sewing 9a BINGO 9:45a Weaving 10:30a
10 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a	11 CLOSED 	12 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	13 Lap Quilting 9a Food Give Out 3p Walking 2-4p	14 Sewing 9a BINGO 9:45a Weaving 10:30a
17 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a BRAHM Art 12p	18 Woodcarving 9a Weaving 10:30a Walking 2-4p	19 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	20 Lap Quilting 9a Community Meal 4p Walking 2-4p	21 Sewing 9a BINGO 9:45a Weaving 10:30a
24 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a	25 Woodcarving 9a Weaving 10:30a Walking 2-4p	26 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a Thanksgiving Lunch 11:30a	27 CLOSED 	28 CLOSED 



November 2025

Western Watauga Senior Center

The community center will be closed on Tuesday November 11th for Veteran's Day. We will resume normal hours on Wednesday November 12th.

The center will close at 2pm on Wednesday November 26th for Thanksgiving. The center will reopen on Monday December 1st with normal hours.

We hope everyone will give a warm welcome to Joe Isaacs, our new Senior Center Assistant. Joe is local to the area and has previously been driving and delivering Home Delivered Meals for us for over 5 years. We're very excited to have Joe working here at the center!

Medicare Open Enrollment is happening right now through December 7th! If you need help checking your current plan or choosing a new plan, please see Molly or call 828-297-5195.

We'll have our Thanksgiving lunch here at the center on Wednesday November 26th at 11:30am. We'll be serving turkey with cranberry sauce, mashed potatoes with gravy, stuffing, green bean casserole, and pumpkin pie. Call or see Molly to get signed up for lunch that day, we hope to see you there!

Mark Coltrain from Appalachian State has been joining us and reaching out about wanting to sit down with any seniors who may have grown up in the area. If you would be interested in talking to Mark, or learning more about getting interviewed about growing up locally, please see Molly. Mark joins us for lunch once a month and hopes to join us at a Thursday dinner as well!

Join Kayla with BRAHM on November 17th at 12pm for our monthly art program. This month, she will focus on artist Saif Azzuz for Native American Heritage Month. Azzuz is a Libyan-Yurok artist based in suburban San Francisco. His work, which often addresses nature, land, and California Native American cultural practices, is in the collections of museums such as the Fine Arts Museums of San Francisco and the North Carolina Museum of Art, Raleigh. Using watercolors, create a painting inspired by Azzuz for Native American Heritage Month. No sign up required, we hope you can join!

WWFO continues to offer free community dinners on the first and third Thursday of each month. These meals are free for ANYONE in the community. This month, dinners will be held on Thursday November 6th and Thursday November 20th at 4pm. WWFO also continues to hand out free food items every Thursday at 3pm. If you have questions about food outreach, please see Molly or call the Hunger and Health Coalition at 828-262-1628.

If you have questions about an upcoming class or event, please contact Molly!

Molly Presnell, Senior Center Director

828-297-5195 molly.presnell@watgov.org

1081 Old US HWY 421, Sugar Grove, NC 28679

