

Western Watauga Senior Center November 2021



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Mon

Tue

Wed

Thu

Fri

1

Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

2

Walking 8am
Card Games 9am
Woodcarving 9am
Bridge 10am
pm

3

Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

4

Walking 8am
Card Games 9am
Lap Quilting 9am
Bridge 10am
Community meal- 4-6

5

Bingo 10am
Walking 8am
Card Games 9am
Sewing 9am
Weaving 10am

8

Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

9

Walking 8am
Card Games 9am
Woodcarving 9am
Bridge 10am

10

Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

11



Closed in honor of Veteran's Day

12

Bingo 10am
Walking 8am
Card Games 9am
Sewing 9am
Weaving 10am

15

Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

16

Walking 8am
Card Games 9am
Woodcarving 9am
Bridge 10am

17

Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

18

Walking 8am
Card Games 9am
Lap Quilting 9am
Bridge 10am
Community Meal 4-6

19

Bingo 10am
Walking 8am
Card Games 9am
Sewing 9am
Weaving 10am

22

Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

23

Walking 8am
Card Games 9am
Woodcarving 9am
Bridge 10am

24

Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

25

Happy Turkey Day!



26

Closed for Thanksgiving



29

Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

30

Walking 8am
Card Games 9am
Woodcarving 9am
Bridge 10am



Reserve your lunch ahead of time!!

WESTERN WATAUGA SENIOR CENTER November 2021

Medicare Open Enrollment is October 15th thru December 7th. Call 265-8095 to make an appointment to check your Part D (Prescription Coverage) plan to see if you are getting the best coverage for you.

Craft Class with Sandy on Monday, November 1st at 10am. Sign up now. WWCC will be closed on Thursday, November 11th for Veteran's Day and also Thursday and Friday, November 25th and 26th for Thanksgiving.



Weekly and Monthly Activities

Coffee and Chat - Monday-Friday, 9am-11am
Congregate Nutrition - Monday-Friday at 11:30am
Card Games - Monday-Friday 9am-11:30am
Walking in the Old CC Gym - Monday- Friday 8am-1pm
Bone Builders Exercise Class - Mondays at 10:30am
Watauga Woodcarving - Tuesdays at 9am
Knitting - Wednesdays at 9am
Pottery - Wednesdays at 9am
Lap Quilting - Thursdays at 9am
Weaving - Mondays and Fridays at 10am
Sewing - Fridays at 9am
\$Yoga-Tuesdays at 5:30 (must register and pay ahead of time)
Bridge - Tuesdays, Thursdays at 10am(Call for info)
Handspinners - First Sunday of each month, 2-4pm
Fiber Guild - 3rd Saturday of each month
Bingo - Fridays at 10am
Games, puzzles, cornhole, and more available for seniors anytime!



****Lunch is served from 11:30am to 12 noon**

Hours of Operation - Monday-Friday 8am-4pm. Classes are free to those 60+. Building rental available on week-ends for a fee.

Western Watauga Food Outreach Community Dinner - First and Third Thursday from 4-6pm. Free food products on all Thursdays. All ages are welcome on a first come-first serve basis. Call Hunger and Health Coalition at 828-262-1628 for more info.

AA Group - Wednesday nights at 7:30pm



For additional information, questions about activities, or to register for transportation, please contact the Center Director, Cindy Lamb at:

**Western Watauga Senior Center
1081 Old US Hwy 421
Sugar Grove, NC 28679
Phone - 828-297-5195**

Email - cindy.lamb@watgov.org

