



Western Watauga Senior Center December 2022



Mon

Tue

Wed

Thu

Fri

Classes/events are subject to change w/o notice. Call ahead to verify if desired.



1
Walking 8am
Card Games 9am
Lap Quilting 9am
Bridge 10am

2
Bingo 10am
Walking 8am
Card Games 9am
Sewing 9am
Weaving 10am

Community meal- 4-6

5
Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

6
Walking 8am
Card Games 9am
Woodcarving 9am

7
Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

8
Walking 8am
Card Games 9am
Lap Quilting 9am
Bridge 10am
HHC Food give out 4-6pm

9
Bingo 10am
Walking 8am
Card Games 9am
Sewing 9am
Weaving 10am
Caregiver Support Group 2-4pm

12
Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

13
Walking 8am
Card Games 9am
Woodcarving 9am

14
Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

15
Walking 8am
Card Games 9am
Lap Quilting 9am
Bridge 10am
Community meal- 4-6

16
Bingo 10am
Walking 8am
Card Games 9am
Sewing 9am
Weaving 10am

19
Walking 8am
Bone Builders 10:30am
Card games 10am
Weaving 10am

20
Walking 8am
Card Games 9am
Woodcarving 9am

21
Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

22
Walking 8am
Card Games 9am
Lap Quilting 9am
Bridge 10am
HHC Food give out 4-6pm

23

Closed for Christmas

26

Closed for Christmas

27

Closed for Christmas

28
Walking 8am
Bridge 10am
Knitting 9am
Pottery 9am
AA Mtg 7:30pm

29
Walking 8am
Card Games 9am
Lap Quilting 9am
Bridge 10am
HHC Food give out 4-6pm

30
Bingo 10am
Walking 8am
Card Games 9am
Sewing 9am
Weaving 10am

WESTERN WATAUGA SENIOR CENTER December 2022

We will have our fun Christmas Drive Thru Event this year on Wednesday, December 14th! Come get some goodies and Christmas cheer! Closed for Christmas Holidays-December 23rd, 26th, and 27th. Bingo every Friday at 10am. Come have some fun and win a prize! Come join one of our great classes and have lunch afterwards! Our Senior Center welcomes everyone 60+! Register w/ Cindy.



Weekly and Monthly Activities

Coffee and Chat - Monday-Friday, 9am-11am
Congregate Nutrition - Monday-Friday at 11:30am
Card Games - Monday-Friday 9am-11:30am
Walking in the Old CC Gym - Monday- Friday 8am-1pm
Bone Builders Exercise Class - Mondays at 10:30am
Watauga Woodcarving - Tuesdays at 9am
Knitting - Wednesdays at 9am
Pottery -Wednesdays at 9am
Lap Quilting - Thursdays at 9am
Weaving - Mondays and Fridays at 10am
Sewing - Fridays at 9am
Bridge - Wednesdays and Thursdays at 10am
Handspinners - First Sunday of each month
Fiber Guild - 3rd Saturday of each month
Bingo - Fridays at 10am
Games, puzzles, cornhole, and more available for seniors anytime!



****Lunch is served from 11:30am-12 noon**

Hours of Operation - Monday-Friday, 8am-4pm. Classes are free to those 60+. Building rental available on week-ends for a fee.

Western Watauga Food Outreach Community Dinner - First and Third Thursday from 4-6pm. Free food products on all Thursdays. All ages are welcome on a first come-first serve basis. Call Hunger and Health Coalition at 828-262-1628 for more info.

AA Group - Wednesday nights at 7:30pm

Reserve your lunches ahead of time!



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For additional information, questions about activities, or to register for transportation, please contact the Center Director, Cindy Lamb at:



**Western Watauga Senior Center
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Sugar Grove, NC 28679
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Email - cindy.lamb@watgov.org**