



Western Watauga Senior Center

August 2026

Mon	Tue	Wed	Thu	Fri
3 Walking 8a Poetry 10a Bone Builders 10:30a	4 Woodcarving 9a Weaving 10a Walking 2-4p	5 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	6 Lap Quilting 9a Community meal 4p Walking 2-4p	7 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
10 Walking 8a Poetry 10a Bone Builders 10:30a	11 Woodcarving 9a Weaving 10a Walking 2-4p	12 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	13 Lap Quilting 9a Walking 2-4p	14 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
17 Walking 8a Poetry 10a Bone Builders 10:30a	18 Woodcarving 9a Weaving 10a Walking 2-4p	19 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	20 Lap Quilting 9a WWFO food Distribution 3p Walking 2-4p	21 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
24 Walking 8a Poetry 10a Bone Builders 10:30a BRAHM 12p	25 Greensboro Farmers Market Woodcarving 9a Weaving 10a Walking 2-4p	26 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	27 Lap Quilting 9a Walking 2-4p	28 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
31 Walking 8a Poetry 10a Bone Builders 10:30a				



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We will join the Lois E Harrill Senior Center on a trip to the Greensboro Farmers Market on Tuesday August 25th. We will plan to leave around 8:30am and will return by 5 at the latest. The trip will be \$7 per person, lunch is not included. We will stop for lunch so please bring money along! This is a great opportunity to use your farmers market vouchers. Limited space is available, so sign up and turn in your money quickly!

Please be aware, our August menu changed. If you already filled out a menu, please do a new one.

Over the summer, our weaving class has had the mural, Meet and Part at Grandfather, displayed at Blowing Rock Art and History Museum. The exhibit is still going through the first week of August, before the piece will make its permanent home at the center. We will plan to unveil the piece once it is hung up, so keep an eye out for announcements!

As we continue to pay BINGO on Friday's, please remember that we always accept new or gently used items to be used for prizes. All of our BINGO is free, donations are not required. We want to give a special thank you to Bairds Creek Presbyterian Church for donating prizes, and cupcakes every third Wednesday.

Join Kayla with BRAHM on Monday August 17th at 12pm for our monthly BRAHM art program. This month, she will focus on learning how to create simple stamps with recycled Styrofoam. This class is free for everyone, all supplies are provided.

Remember that both senior centers offer incontinence supplies for free as well as loan out medical equipment . If you need any supplies, please contact Molly or Kristi!

Western Watauga Food Outreach continues to hand out free food products on the first and third Thursday of each month. Community meals are ONLY done on the FIRST Thursday of each month. This month, the community meal will be held on August 6th. If you need food products in between these times, please contact Molly or the Hunger and Health Coalition at 828-262-1628.

If you have questions about a class or upcoming activity, please contact Molly.

Molly Presnell, Senior Center Director 828-297-5195 molly.presnell@watgov.org
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