

Western Watauga Senior Center

April 2026

Mon	Tue	Wed	Thu	Fri
		1 Walking 8a Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	2 Lap Quilting 9a Bridge 10a Community Meal 4p Walking 2-4p	3 CLOSED 
6 Walking 8a \$Tai Chi 10a Bone Builders 10:30a	7 Woodcarving 9a Weaving 10a Walking 2-4p	8 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	9 Lap Quilting 9a Bridge 10a WWFO Food Distribution 3p Walking 2-4p	10 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
13 Walking 8a \$Tai Chi 10a Bone Builders 10:30a BRAHM Art 12p	14 Woodcarving 9a Weaving 10a Walking 2-4p	15 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	16 Lap Quilting 9a Bridge 10a WWFO Food Distribution 3p Walking 2-4p	17 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
20 Walking 8a \$Basket Making 9a \$Tai Chi 10a Bone Builders 10:30a	21 Woodcarving 9a Weaving 10a Walking 2-4p	22 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a Digital Literacy 10:30a	23 Lap Quilting 9a Bridge 10a WWFO Food Distribution 3p Walking 2-4p	24 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
27 Walking 8a \$Tai Chi 10a Bone Builders 10:30a	28 Woodcarving 9a Weaving 10a Walking 2-4p	29 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	30 Lap Quilting 9a Bridge 10a WWFO Food Distribution 3p Walking 2-4p	

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The community center will be closed on Friday April 3rd for Easter. We will resume normal hours on Monday April 6th.

Please be aware of the updated senior center hours that are posted around the center while Molly is out. When the senior center closes, even though the building is open, no senior center classes or activities will be taking place. If you have questions about our updated hours, please see Joe.

Fred Wilson, Digital Navigator with the High Country Area Agency on Aging, will join us on Wednesday April 22nd at 10:30 am for a scam prevention talk. Join Fred in the dining room as he updates us on the latest phone and internet scams that are circulating and learn the best ways to avoid them. No sign ups necessary, all are welcome to join!

Join Kayla with BRAHM on Monday April 20th at 12pm for our monthly BRAHM art program. This month, she will focus on Helen Zughaib Drawing for Arab American Heritage Month. Lebanese American artist Helen Zughaib paints exuberantly prismatic and patterned images that draw on the Arab experience. In her gouache and mixed-media works, Zughaib references scenes from her own Middle Eastern childhood and the plight of present-day people of Arab descent in an effort to encourage empathy and promote peaceful dialogue. Come create a drawing inspired by her work for Arab American Heritage Month. Class is free, no sign ups required!

WWFO continues to offer free community dinners on the first Thursday of each month. These meals are free for ANYONE in the community. This month, dinners will be held on Thursday April 2nd at 4pm. WWFO also continues to hand out free food items every Thursday at 3pm. If you have questions about food outreach, please see Molly or call the Hunger and Health Coalition at 828-262-1628.

Classes and programs are subject to change. Please call the center if you have questions about an upcoming class.

Molly Presnell, Senior Center Director

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