


November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Tenders Lima Beans Macaroni & Cheese Roll Seasonal Fruit Milk	2 Sloppy Joes Baked Potatoes Coleslaw w/ Carrots Hamburger Bun Chocolate Chip Cookies Milk	3 Egg Salad Sandwich Potato Soup Blushing Pears Milk	4 Chicken Pot Pie Beets Roll Fruit Cobbler Milk
7 Meat Loaf w/ Tomato Sauce Mashed Potatoes Green Beans Wheat Roll Angel Food Cake w/Fruit Milk	8 Smoke Sausage Steamed Cabbage Peas & Carrots Dinner Roll Banana Milk	9 Grilled Chicken w/cheese on Hamburger Bun Lettuce & Tomato Steak Fries Fruit Cobbler Milk	10 Baked Ham w/Pineapple Greens Sweet Potato Roll Tropical Fruit Milk	11 
14 Beef Stroganoff w/ Gravy Noodles California Blend Vegetables Wheat Roll Seasonal Fruit Milk	15 Chicken Sandwich Lettuce/Tomato Tator Tots Hamburger Bun Fruit Juice Milk	16 Hamburger Patty w/Cheese Vegetarian Baked Beans Lettuce & Tomato Hamburger Bun Fruit Fluff Milk	17 Pork Chop w/White Gravy Cauliflower Red Potatoes Dinner Roll Fruit Cocktail Milk	18 Breaded Fish Macaroni & Cheese Broccoli Roll Tropical Fruit Milk
21 Crab Cake Baby Baker Potatoes Coleslaw Cheddar Biscuit Milk	22 Chicken, Broccoli, & Rice Casserole Mixed Vegetables Stewed Tomatoes Roll Chocolate Pudding Milk	23 Roasted Turkey w/ Cranberry Sauce Mashed Potatoes w/Gravy Green Bean Casserole Pumkin Pie Milk	24	
28 Meatballs w/ Gravy Mashed Potatoes Carrots Dinner Roll Spiced Peaches Milk	29 Fish Sandwich Coleslaw w/Carrots Hamburger Bun Tropical Fruit Milk	30 BBQ Chicken Breast Green Beans Baby Baker Potatoes Roll Banana Milk	25 	
				