

Western Watauga Senior Center August 2019

Mon	Tue	Wed	Thu	Fri
Lunch Monday thru Friday 11:25am-12pm	 <p style="text-align: center; font-size: small;">shutterstock.com • 1052132075</p>			2 Bingo 10am Walking 8am Card Games 9am Sewing 9am- Weaving 10am
5 Walking 8am Bone Builders 10:30am Card Games 9am Pottery 9am Hand & Foot Card Game 10am	6 Walking 8am Card Games 9am Jewelry 10am Woodcarving 9am Bridge 10am	7 Walking 8am Card Games 9am Bridge 10am Knitting 9am Pottery 9am Bone Builders 10:30am	8 Card Games 9am Walking 8am Lap Quilting 9am Art 9:30am Community Meal 4-6	9 Bingo 10am Walking 8am Card Games 9am Sewing 9am- Weaving 10am
12 Walking 8am Bone Builders 10:30am Card Games 9am Pottery 9am Hand & Foot Card Game 10am	13 Walking 8am Card Games 9am Jewelry 10am Woodcarving 9am Bridge 10am	14 Walking 8am Card Games 9am Bridge 10am Knitting 9am Pottery 9am Bone Builders 10:30am	15 Card Games 9am Walking 8am Lap Quilting 9am Art 9:30am Community Meal 4-6	16 Bingo 10am Walking 8am Card Games 9am Sewing 9am- Weaving 10am
19 Walking 8am Bone Builders 10:30am Card Games 9am Pottery 9am Hand & Foot Card Game 10am	20 Walking 8am Card Games 9am Jewelry 10am Woodcarving 9am Bridge Art 9:30am	21 Card Games 9am Bridge 10am Knitting 9am Pottery 9am Bone Builders 10:30am Book Club 2:30pm	22 Card Games 9am Walking 8am Lap Quilting 9am Art 9:30am	23 Bingo 10am Walking 8am Card Games 9am Sewing 9am- Weaving 10am
26 Walking 8am Bone Builders 10:30am Card Games 9am Pottery 9am Hand & Foot Card Game 10am	27 Walking 8am Card Games 9am Jewelry 10am Woodcarving 9am Bridge 10am Dementia support-3pm	28 Walking 8am Card Games 9am Bridge 10am Knitting 9am Pottery 9am Bone Builders 10:30am AA Mtg 7:30pm	29 Card Games 9am Walking 8am Lap Quilting 9am Art 9:30am Community Meal 4-6	30 Bingo 10am Walking 8am Card Games 9am Sewing 9am- Weaving 10am

WESTERN WATAUGA SENIOR CENTER August 2019

Medicare 101– at WWCC Thursday, August 8th from 2-4.
New Card Game (Hand and Foot)-every Monday at 10am. New players welcome!
Bridge on Tuesdays and Wednesdays-love new players!
New Craft Class on First Monday of month at 10am. See Cindy.



Weekly and Monthly Activities

Coffee and Chat - Monday-Friday, 8am-11:30am
Congregate Nutrition - Monday-Friday at 11:25am
Hand and Foot Card Game-Mondays 10am-2pm
Card Games - Monday-Friday 9am-12pm
Walking in the Old CC Gym or Park - Monday– Friday 8am-1pm
Craft Class– First Monday of each month at 10am
Bone Builders– Mondays and Wednesdays at 10:30am
Watauga Woodcarving - Tuesdays at 9:30am
Beading/Jewelry - Tuesdays at 10am
Knitting - Wednesdays at 9am
Pottery - Wednesdays at 9am
Studio Art - Thursdays at 9:30am
Lap Quilting - Thursdays at 9am
Weaving - Fridays at 10am
Sewing - Fridays at 9am
Bridge - Tuesdays and Wednesdays at 10am
Handspinnners - First Sunday of each month, 2-4pm
Fiber Guild - 3rd Saturday of each month
Bingo - Fridays at 10am
Dementia Support Group - last Tuesday of each month at 3pm
Book Club –3rd Wednesday at 2:30pm
Games, puzzles, cornhole and more available for seniors
Western Watauga Food Outreach Community Dinner - Every Thursday from 4-6pm free food distribution and meal. All ages are welcome on

****Lunch is served from 11:25am to 12 noon**



Hours of Operation - Monday-Friday 8am-4pm. Classes are free to those 60+. Building rental available on week-ends for a fee.

For additional information, questions about activities, or to register for transportation, please contact the Center Director, Cindy Lamb at:



**Western Watauga Senior Center
1081 Old US Hwy 421
Sugar Grove, NC 28679
Phone - 828-297-5195**

